

# Music For Square Dancers SSD Learning Series

[www.musicforsquaredancers.com](http://www.musicforsquaredancers.com)

Name ^	Date modified	Type
LSN 1	11/11/2023 8:44 AM	File folder
LSN 2	11/14/2023 1:51 PM	File folder
LSN 3	11/11/2023 8:43 AM	File folder
LSN 4	11/11/2023 8:43 AM	File folder
LSN 5	11/11/2023 8:43 AM	File folder
LSN 6	12/14/2023 1:12 PM	File folder
LSN 7	12/14/2023 1:49 PM	File folder
LSN 8	11/11/2023 8:57 AM	File folder
LSN 9	11/15/2023 4:58 PM	File folder
LSN 10	11/11/2023 8:41 AM	File folder
LSN 11	11/24/2023 4:48 PM	File folder
LSN 12	12/12/2023 12:38 PM	File folder

## Recommended File Setup

Once the zip files are downloaded, place each one in its respective folder, either on your computer or on a thumb drive at least 256 GB in size connected to your computer system. Using a thumb drive affords portability and is the preferred method. Use a folder structure like this:

Place each downloaded 'SSD 46xx.zip' file in the respective folder for each lesson.

Open the folder. Right click on the .zip file

and select 'Extract All'.

The various files for each lesson are extracted and expanded into a sub-folder of the same name as the .zip file.

Name ^	Date modified	Type
LSN 1	12/15/2023 12:18 PM	File folder
SSD 4601	12/15/2023 12:18 PM	File folder
SSD 4601.zip	12/14/2023 12:35 PM	Compressed folder
L1-1 170907 01.mp3	11/14/2023 10:25 AM	MP3 File
L1-2 180111_0455.mp3	11/14/2023 10:30 AM	MP3 File
L1-3 170907 02.mp3	11/14/2023 10:46 AM	MP3 File
L1-4 170907 03.mp3	11/14/2023 10:52 AM	MP3 File
L1-5 180111_0456.mp3	11/14/2023 11:15 AM	MP3 File
L1-6 180111_0457.mp3	11/14/2023 11:22 AM	MP3 File
SSD 4601.html	11/14/2023 12:17 PM	Firefox HTML File

## Lesson Plan

What follows is the lesson plan for the

entire 12 session series for Social Square Dancing (SSD.) The teaching order is that which is currently outlined by CALLERLAB as of this writing. If you need definitions for the calls, you can download the SSD Teaching Guide from the CALLERLAB website in the Social Square Dancing page

(<https://callerlab.org/download/social-square-dancing-teaching-guide/?wpdmdl=5025&refresh=657cb71e1333b1702672158>)

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### Music 4 Square Dancers – SSD Learning Series

#### SSD 50 CALLS

Lsn	Call	Lsn	Call	Lsn	Call	Lsn	Call	
1	1 Circle Left/Right <i>- fractional</i>	2	13 1/2 Sashay/Roll Away/Lad Cntr <i>Men Sash</i>	7	26 Circle To A Line	10	38 <b>Centers In</b>	
	2 Forward/Back		14 California Twirl				27 Separate Around One/Two	39 <b>Cast Off 3/4</b>
	3 DosaDo		15 Bend The Line				28 Split Two Around One/Two	40 Ferris Wheel
	4 Swing	16 U-Turn Back	29 Wheel And Deal		41 Trade By			
	5 Promenade <i>fractional/wrong way/single</i>	17 Dive Thru	30 Double Pass Thru		42 Box the Gnat			
		18 Square Thru			43 <b>Hinge/Cples Hinge</b>			
	6 Allemande Left/Arm Turns	19 Grand Square	31 First Left/Next Right		44 Touch 1/4			
	7 Right & Left Grand/Weave	5	20 Lead Right/Left	8	32 Ocean Waves (Dosado/Step 2 a Wave/Single Circle 2 a Wave)	11	45 Circulate (from waves)	
							21 Veer Left/Right	46 <b>Tag The Line</b>
						22 Couples Circulate/ <i>Centers Trade, Ends</i>	12	47 <b>Half Tag</b>
	8 Stars (Right/Left)	33 Run/Cross Run	48 <b>Fold/Cross Fold</b>					
9 Ladies Chain	6	23 Right & Left Thru	9	34 Swing Thru/Alamo Style	49 <b>Scoot Back</b>			
10 Pass Thru						24 Flutter Wheel/Reverse Flutter Wheel	35 Pass The Ocean	48 <b>Fold/Cross Fold</b>
11 Wheel Around						25 Sweep A Quarter	36 Extend (1/4 tag only)	49 <b>Scoot Back</b>
2 12 Star Thru/ <i>Slide Thru</i>				37 Zoom	50 <b>Recycle</b>			

\*\* Calls in **BOLD** are in the Mainstream dance program as well as SSD

# Music For Square Dancers

## SSD Learning Series

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The CALLERLAB Social Square Dance program (SSD) is designed as a stand-alone dance program of 50 basic calls. In this series, the calls are spread over a 12-session dance package. Each session is a separate lesson. Using the SSD teaching order and calls as an entry dance program is also feasible, which leads to other dance programs for more experienced dancers. If so, it is recommended that SSD dancers dance SSD for a minimum of one year before moving on to another dance program. The **Music For Square Dancers** website makes the entire SSD learning series available in 12 separate lesson bundles, each containing 4 to 6 learning and dancing tips, including singing calls, or approximately 2 hours of dancing.

All dance files are recorded live with new dancers who are learning the calls for the first time. This results in a high probability of success, and new dancers having fun. There are very few walkthrus in the dance files, so you need someone who can show new dancers how the calls are done.

## Support

If you need assistance with use of these files or the SSD program, please contact me.

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